



# Swift Living

Summer 2023



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**Your Home Anywhere**



**Lodge Life**  
page 4



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# LIVE YOUR DREAMS



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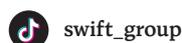
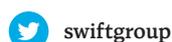
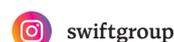
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Hello and welcome to the first issue of Swift Living magazine! Whether you like the freedom of hooking up and setting off in your caravan, jumping behind the wheel of a motorhome or relaxing in your very own holiday home, then we have features and articles to inspire you.

Take a look at the new Toronto on page 4, our stunning new holiday home, or Born to be Wild on page 6, our feature on wild camping and how to avoid the crowds in idyllic surroundings.

Don't forget you can follow us on our social channels for the latest news



Swift Living Magazine is produced and published by Swift Group Limited.  
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Contact [marketing@swiftgroup.co.uk](mailto:marketing@swiftgroup.co.uk)

# Open the doors to your new Toronto Lodge

Newly redesigned for luxurious family living, the Toronto Lodge offers you the ultimate home-from-home getaway.

At Swift, we understand the importance of creating memories and whether you are looking for a home by the coast or a rural retreat, the Toronto is a great choice. With a choice of two or three bedrooms, you will have enough space to invite friends and family to enjoy precious time together.

Step inside and you will immediately feel at home. With a choice of two interiors, Country Cottage or the brand new Urban, you can choose between cosy and charming or chic industrial.

The kitchen and dining area is equipped with everything a family could need for a short trip away or a longer stay. The large, U-shaped kitchen is fitted with all the mod cons a kitchen needs, including an integrated dishwasher making cleaning up after mealtimes a breeze. The separate utility area which houses a washer/dryer gives you space to keep on top of the washing after busy days by the beach or exploring the great outdoors.

Designed with togetherness in mind, the Toronto's spacious open-plan dining, living and kitchen area is a great place to relax and unwind. You can cook up a storm without compromising on time spent together. The open-plan living area also allows plenty of natural light to pour into the home, providing an uplifting atmosphere that's ideal for entertaining guests or for simply spending quality time with loved ones.

A good night's sleep is something that should never be compromised, which is why you will find Duvalay mattresses in every bedroom. Duvalay mattresses are designed to provide you with the ultimate comfort and support, so you can rest easy knowing you'll wake up feeling refreshed. And to keep that refreshed feeling going, even with a bustling household, you'll find plenty of space for everyone to get ready the next morning thanks to Toronto's family bathroom and en-suite. Together, the bathrooms create a spacious oasis to keep everyone happy and on time!

**To find out more, visit [www.swiftholidayhomes.co.uk](http://www.swiftholidayhomes.co.uk)**

Urban soft furnishing scheme



**First Time Buyer?**

Your very own holiday home opens up endless opportunities for breaks away and making memories for years to come. But knowing where to start can be overwhelming; what aspects do you need to consider? What holiday home is for you? How do you decide your favourite holiday park?

We know the questions can feel exhausting, on our website we've put together a handy five-step guide to get you started on your quest to find your dream holiday home or lodge at your perfect location.

**For more information visit: [swiftholidayhomes.co.uk/first-time-buyer](https://www.swiftholidayhomes.co.uk/first-time-buyer)**

The **large, U-shaped kitchen** is fitted with all the mod cons a kitchen needs, including an **integrated dishwasher** making cleaning up after mealtimes a breeze.



Country Cottage soft furnishing scheme



# Born to be wild



Many people dream about having their own motorhome and driving off into the sunset, ready to visit remote places and live a life full of exciting off grid adventures! Wild camping is undoubtedly a wonderful experience, but often means no access to waste disposal, running water or electricity, so there are a few things you need to be aware of before you head off.

## The Golden Rules:

Perform a quick check of your vehicle and make sure you know how to behave on the road, especially when you're driving to unfamiliar locations where the terrain may be challenging. Pack all your motorhome essentials to ensure you'll camp in comfortable conditions and always follow the best practices of wild camping.

Generally, wild camping without the landowner's permission is illegal in England, Wales and Northern Ireland. However, many landowners will be happy to allow campers, as long you respect the land. Wild camping in Scotland isn't prohibited, so that means you can technically pitch up wherever you like – including the country's incredible National Parks. You can find more information and details about how to ask permission to camp at [www.wandering-bird.com](http://www.wandering-bird.com).

Treat the area you are camping on with respect and don't cause damage to field crops or nearby trees.

Be as discreet as possible and follow the rules of 'Leave No Trace' and don't litter.

Avoid building a campfire unless you find a designated spot. Many areas have a no fires rule so do check carefully. If you do find a safe area, make sure the fire is fully cold before you leave.

You'll need to empty the wastewater tank at some point. Best practice is to only empty it at campsite disposal areas – some campsites will allow you to use their disposal areas for a small fee if you're not staying with them. Similarly, the toilet cassette containing your septic/waste and water needs to be disposed

of carefully and this should only be emptied in designated disposal areas at campsites. If this is not an option, emptying it into a public toilet is the next best option. Do not empty it all at once as this will risk blocking the toilet.

Don't overstay your welcome – usually three days in one spot is enough.

## Essential things to take with you:

- Motorhome safety kit
- Tyre repair kit
- Roadside emergency kit
- Sat Nav
- Hosepipe
- Extra water
- Mud mats
- A lightweight head torch
- Solar panels
- Full gas bottles
- Insect repellent



So, now you are ready to head off on your wild camping adventure, where are you heading to? Why not try one of these destinations – perfect for a few days wild camping in a **Swift Monza:**

### **Croyde, Devon**

Located in the North Devon Coast Area of Outstanding Natural Beauty, it is home to an eclectic mix of surf shops, family friendly pubs and a world-class beach.



### **Plynlimon, Aberystwyth**

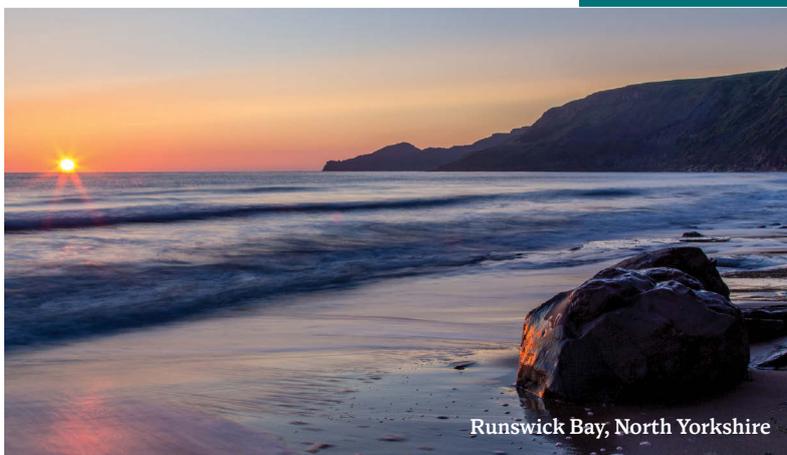
Emptiness, wilderness and water: a land of peaks, forests and lakes.

### **The Lake District**

Recommended wild camping spots include around Windermere and Ullswater, around Grisedale Tarn, or, if you want to be closer to amenities, near the town of Keswick.

### **North York Moors & Yorkshire Dales**

Yorkshire is a favourite place for wild camping in England. Lake Semerwater, Usha Gap and Runswick Bay are all beautiful places for motorhome or campervan stays.



### **Northumberland National Park**

Make for the Cheviot Hills, Hadrian's Wall, North Tyne or Coquetsdale for wild camping sites in this stunning park.

### **Glen Coe Mountain Resort**

An area of outstanding natural beauty on Rannoch Moor offering stunning views of the iconic Buachaille Etive Mor.



If you fancy travelling a little further afield then there are plenty of beautiful places to wild camp in Europe that are within easy reach.

A great app for finding wild overnight parking spots in Europe or the UK is **park4night.com**. This site is **FREE to join and there is both an app and a website**. It lists many car parks and approved motorhome overnight stops, which is useful if you need something not too far off the main roads.



# Outjoyment

Research reveals mental health benefits of camping – strip away stress with open-air adventure

With the ever-present stresses of everyday life, mental health is front of mind for many of us – but did you know that studies have shown camping, in all its different forms, and outdoor enjoyment can actually improve your mental health and well-being?

Recent research, commissioned by The Camping and Caravanning Club, has revealed that there are a whole range of benefits to be found for campers. The study, which included a survey of nearly 11,000 campers and non-campers assessing attitudes towards the advantages of all types of camping, found 88% of those who feel motivated to go camping do it in order to take time out of everyday life and reduce stress. The research also revealed that campers reported higher levels of psychological well-being than non-campers.

In fact, a huge 93% of campers value camping for the benefits to their mental health and well-being. Campers were found to be both more interested in and more satisfied with life, have a stronger sense of belonging to a community, be more social and feel less stressed, and feel better able to manage their responsibilities in comparison to their non-camping counterparts.

Camping offers a combination of fresh air, exercise and connecting with nature, which are all known to have positive effects on our mental state. Camping provides a pathway for physical activity too, with 98% participating in outdoor activities while away, with walking named as the most popular activity.

Providing the perfect opportunity to create long-lasting memories and strengthen bonds between friends and family members, it's no surprise that camping has been found to increase happiness. A huge 97% of campers say this is their main motivator to go!

Camping has been shown to have lasting effects on happiness, with 48% of campers reporting feeling happiness almost every day, compared to 35% of non-campers. In fact, 44% of campers reported themselves to be flourishing (having optimal mental health) compared to just 31% of non-campers. This figure increases even further for those who camp more often, with frequent campers reporting better emotional, social and psychological well-being, which shows camping's effect on mental health shouldn't be underestimated.

It's clear that camping and outdoor enjoyment in all different forms have a wide array of benefits, adding up to a healthier and happier lifestyle, where you can appreciate nature and be active outdoors. So... where will you go for your next camping trip, and **will you be taking a Swift with you?**

For full details of The Outjoymment Report, visit:  
[www.campingandcaravanningclub.co.uk/outjoymment](http://www.campingandcaravanningclub.co.uk/outjoymment)

\*All statistics quoted from Richards, K, Doran, A, Brett, C E, Wingfield, H, & Schofield, P (2022). The Outjoymment Report: A research report on the well-being and mental health benefits of camping. Coventry: The Camping and Caravanning Club.



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# Elegance Grande

Designed for luxurious touring  
365 days of the year.



Stylish, sophisticated and packed full of premium features that offer state of the art functionality, the Elegance Grande has been designed to be just as comfortable and practical as it is luxurious. Every aspect of the Elegance Grande has been crafted to reinforce its luxurious reputation and is underpinned by a class-leading specification.

With three exceptional layouts to choose from, this 8-foot wide / four berths, twin-axle trailblazer has undergone a full remodel that amplifies its refined status and makes it ideal for year-round touring. Offering a luxurious living space for both couples or the whole family and built using SMART construction which is backed by a 10 year bodyshell warranty, no interior or exterior specification detail has been overlooked.

Exuding first-class luxury, the Elegance Grande will impress even the most discerning caravanner with its calming and sophisticated interiors. From the easy Accuride make up system for the front beds to the glamorous new Ultraleather Dusk soft furnishing scheme, the Elegance Grande really does have it all. Ambient lighting is ideal for relaxing evenings, whilst additional space has been created in the bedroom and there is now a new satellite connection point for a large flatscreen TV.

The wireless charging pad in the lounge area and USB points by the side of the fixed beds have been added for convenience.

Also new for 2023 is a domestic style L shaped kitchen unit with improved storage, extractor fan above the oven and a ventilated flatbed microwave. You can also entertain in style thanks to the illuminated drinks cabinet and recessed speakers and lighting system in the panoramic front sunroof. For summer evenings there is also a new door flyscreen with easy concertina action, ideal for ventilating the vehicle, whilst preventing bugs and flies from getting inside.

The boutique style washroom incorporates a larger illuminated shower console with durable shower tray, backlit mirror, shaving socket, sink bowl and an additional towel radiator and towel rail. For year round comfort, there is underfloor heating throughout and Alde Flow water heating which provides constant hot water.

For added convenience, the easy-to-use SWIFT Command touchscreen can be paired with a mobile device via the Swift Command app allowing you to remotely manage and monitor key vehicle functions such as power, heating and selected lighting. The SWIFT Command website also includes the useful 'Places of Interest' feature highlighting Camping & Caravanning Club campsites and Swift dealership locations, plus location history and system information.



The **exceptional redesigned** interior and exterior styling is further enhanced by **exclusive SMART technology** and optional E&P self-levelling system, making this model a **luxurious home from home choice.**



The exterior of the Elegance Grande received a stylish facelift for 2023. Its streamlined aerodynamic profile has a new contrasting grey GRP sidewall with stylish new exterior graphics scheme. New diamond cut edge alloy wheels and the extra wide gas locker door, with new carbon effect design and chrome detailing, add to its visual appeal. New rear side luggage doors, an exterior TV socket for added convenience and a 100W lightweight solar panel now sits on the hail resistant roof, ideal for off-grid caravanning.



# Recipes For Campers and Caravanners

with Rachel Green



Chef, author, TV presenter and food campaigner Rachel Green has teamed up with Swift to create a series of recipes which are ideal for hungry campers and caravanners. As a 14th generation farmer, Rachel is passionate about seasonal produce and has been part of many live cooking demonstrations and TV appearances - most notably for the late Queen.

You may have even spotted Rachel whipping up delectable dishes on the Swift Group's stand at the 2022 Motorhome and Caravan Show! With a wealth of experience cooking in all environments, from fields to beaches, and a love for a vast range of cuisines, Rachel utilises space-saving ingredients and equipment to create flavourful recipes that the whole family will love.

Serving four people, Rachel's Spiced Apricot, Lamb and Olive Tagine recipe was created inside the Swift Monza using the on board two-burner gas hob.



### Ingredients

A good slug of rapeseed oil, for frying  
 500g lamb neck fillet or leg steaks, diced  
 Salt & pepper  
 1 large red onion, sliced  
 1 red chilli, finely chopped  
 2 cloves garlic, finely chopped  
 2 tbsp harissa paste  
 1 tsp cumin seeds  
 1 tsp ground ginger  
 ½ a cinnamon stick  
 A small handful of coriander leaves, chopped

250ml chicken stock  
 1 x 400g can chopped tomatoes  
 12 green olives, stoned  
 8 dried apricots, chopped  
 4 dried prunes, chopped  
 A good squeeze of runny honey  
 A squeeze of lemon juice

### To serve

Greek yoghurt  
 1 x small tub pomegranate seeds  
 Chopped coriander  
 Chopped pistachios (optional)

## Spiced Apricot, Lamb & Olive Tagine

### Method

1. Heat the oil in a casserole pan over a medium heat. Fry the lamb for 3 minutes until browned.
2. Season with a little salt and pepper and then add the onion, chilli, garlic, harissa paste, spices, and two thirds of the chopped coriander (reserving the rest to serve) and mix to coat the meat well. Cook for a further 3 minutes.
3. Add the stock, chopped tomatoes, olives, dried fruit, honey, and lemon juice. Simmer on a low heat, partly covered, for approx. 45-50 minutes or until tender, stirring occasionally, adding a little more stock if it gets too thick. Taste and adjust the seasoning if necessary.
4. To serve, top with a little yoghurt and scatter over the pomegranate seeds, coriander, and pistachios (if using).

### Rachel's Storage Tips and Tricks

Here's my top tricks and tips for making the most of your on board storage space, while still creating the most flavoursome dishes.

I always recommend prepping your first meal before you leave – use leftover takeaway containers or Tupperware to bring along pre-prepared ingredients and you can create a delicious dish in no time when you arrive at your destination.

I never go away without my trusty spice box – it contains an array of my favourite spices which can be used to create a whole range of tasty recipes, from Turkish baked eggs to a fragrant curry.

If you're really short on space, just take along the items you know you'll use multiple times on your trip, and you can pick up fresh produce at your destination to complete your meals.

### Rachel's Packing Essentials List

- Tinned pulses or beans – these can be used in lots of different recipes and are great for vegetarian meals.
- Tinned tomatoes – from soups, to stews, to shakshuka, they are the ultimate versatile ingredient.
- Flour – with a million and one different uses, you could whip up easy flatbreads or pancakes for breakfast.
- Small, stackable containers – ideal for taking along pre-prepared ingredients and storing leftovers.
- Pouches of ready cooked rice, and grains such as couscous and quinoa – perfect to quickly warm up to go alongside your main meal after a long day exploring.
- Coconut milk – ideal for desserts, creamy curries, and Asian quick noodle soups, this is another versatile ingredient that has many uses.
- Jarred ingredients – whether it's roasted red peppers, mushroom antipasti, or olives, these will save you time and enhance the taste of your dishes.



**For even more delicious, camping-friendly recipes from Rachel, scan the QR code!**

# Swift Go

Plan the ultimate adventure with  
Swift Go Motorhome Hire

Hire from the people that make them!

At Swift Go, we understand that every holiday is different. Whether you're planning the road trip of a lifetime with friends, seeking adventure on a mountainside expedition, or planning a peaceful lakeside getaway with family, Swift Go is the ideal choice.

Our motorhome hire offers a hassle-free way to take the driving seat and control your pace of travel. Craft your own itinerary and explore new places without having to worry about accommodation or transport; we make it easy for you to experience the freedom of the open road and create memories that will truly last a lifetime.

Our two depots in Edinburgh and Manchester are perfectly located to explore the very best Britain and Ireland have to offer – or if you're looking to go further afield, why not venture into Europe? All our motorhomes have European cover, so there's nothing to stop you travelling in comfort and style, passing by the Eiffel Tower one morning and then on towards the Colosseum the next.

Swift Go makes planning your next trip easy – simply book online in just a few clicks to hire one of our high-quality, fully kitted out motorhomes. With Swift Go, you'll also get access to 2,700 Caravan & Motorhome Club sites across the UK and Ireland.

**To start planning your next adventure visit**  
[www.swiftgo.co.uk](http://www.swiftgo.co.uk)



## North Coast 500

Whether you want to explore the countryside, take in some culture or experience a city break, our Edinburgh depot is the perfect place to start your journey. The North Coast 500 – one of the world's top coastal touring routes – is a firm favourite with families and travellers alike. Take to the open road, exploring 500 miles of beautiful scenery and stunning coastlines on an unforgettable journey.

**Looking for natural wonder?** Explore the water on your surfboard or kayak to discover the abundance of amazing wildlife, including dolphins, deer, puffins, and seals. **Is star gazing your thing?** Sit back and discover the wonders of Scotland's skies – if you're lucky you might even catch a glimpse of the Northern Lights! **Or maybe you're the ultimate foodie?** Experience some of Scotland's finest culinary delights on this route.

Each Swift Go motorhome comes with a fitted bike rack so you can explore off the beaten track, too. So, gather your friends and family and get ready for an unforgettable adventure - it all starts at our Edinburgh depot!

## North Wales

North Wales is an ideal road trip destination for those looking to explore and discover something new. With its beautiful beaches, spectacular mountain scenery, adrenaline fuelled activities and captivating culture and heritage, North Wales literally has something for everyone. With its close proximity to our Manchester depot, you and your loved ones could be off and away on the trip of your dreams in no time.

Start your journey in historic **Denbighshire** where castles, waterfalls and walks await. From there, travel to **Snowdonia** with its spectacular mountainous terrain, sparkling lakes and plethora of outdoor activities like rock climbing and zip lining. Next, it's onward to the Isle of **Anglesey** where you can look out onto the Irish Sea or gaze back at the lofty peaks of Snowdonia. The final part of this tour takes you to the well-preserved walls of **Chester** just over the English border, where you can visit the Cathedral, Roman Amphitheatre and famous zoo, or simply relax and unwind with some retail therapy in the local shops and restaurants.



# Spotlight on Swift Show Parks



Visit us!  
Scan the QR code to  
book an appointment.



THE SWIFT  
**SHOW PARK**  
**HOLIDAY HOMES**

Our Holiday Home Swift Show Parks are the perfect place to find your ideal holiday retreat. Our Swift experts will be on hand to help and assist you in starting your Holiday Home journey.

Be the first to visit our brand new Swift Show Park based at our head office and manufacturing facility in Cottingham. Opening in autumn 2023, we look forward to guests from near and far to visit and explore our extensive ranges of holiday homes and lodges.

If you are interested in being one of the first customers to visit us, book an appointment using the QR code or visit [www.swiftholidayhomes.co.uk/show-parks/](http://www.swiftholidayhomes.co.uk/show-parks/) and we'll be in touch as soon as we officially open!

We look forward to welcoming you to Swift.



1. Kendal Caravans, **Kendal, LA8 9LF**
2. Surf Bay Leisure, **Winkleigh, EX19 8DW**
3. Salop Leisure Ltd, **Shrewsbury, SY5 6QS**
4. Bridlington Caravan Centre, **Bridlington, YO16 4SJ**
5. Blackhills Caravan Sales, **Gower, SA4 3RS**
6. Lloyds Caravan and Lodge Sales, **Towyn, LL22 9NW**
7. Swift Group, **Livingston, EH54 8BA**
8. Swift Group, **Cottingham, HU16 4JX** -  
**Opening autumn 2023!**



Scan the QR code to book an appointment with a Swift expert at the NEC.

# Upcoming Events

Motorhome and Caravan Show,  
NEC Birmingham

17 - 22  
October

[mcshow.co.uk](http://mcshow.co.uk)

The Great Holiday Home Show,  
Great Yorkshire Showground, Harrogate

8 - 10  
September

[thegreatholidayhomeshow.co.uk](http://thegreatholidayhomeshow.co.uk)

Exploring the Swift range of products couldn't be easier. You can visit one of our dealers or parks or join us at the many events we attend throughout the year.

Wherever you choose to find us, our experts will be on hand to work with you to understand your needs, talk you through our product ranges and help you make the right decision when choosing your new Caravan, Motorhome or Holiday Home. We look forward to meeting with you at our next events.

#### Want to speak with a Swift Expert?

If you're attending this year's Motorhome and Caravan Show at the NEC, we're welcoming visitors to book an appointment to speak to one of our Swift experts. To book your appointment, scan the QR code above or visit [www.swiftgroup.co.uk/events/mc-show-2023/](http://www.swiftgroup.co.uk/events/mc-show-2023/)

For details on all of our upcoming events visit [www.swiftgroup.co.uk/events/](http://www.swiftgroup.co.uk/events/)

# WIN

a pair of tickets to the  
Motorhome and  
Caravan Show  
at the NEC.



Scan QR code to enter. Entries before 1st October 2023.

# Home to Rome - Voyager



Diagnosed with bipolar disorder in 2017, Dan Keeley, has just completed his second gruelling challenge to raise awareness and money for Campaign Against Living Miserably. Teaming up with Swift Group, Dan ran from the London Eye to the Colosseum in Rome, raising over £10,000, which will fund over 1,250 potential life-saving responses via the CALM helpline and webchat services.

After struggling with his own mental health issues and receiving his bipolar disorder diagnosis, Dan wanted to share his story in the hopes of helping to normalise conversations around mental health, empower others to share their stories, battle stigma, and show that you can live your life to the fullest with support and professional guidance.

The charity that Dan fundraised for, Campaign Against Living Miserably, take a stand against suicide - providing advice, sharing stories, and operating a helpline for anyone that is struggling, online and over the phone, 365 days a year.

Back in 2017, Dan originally challenged himself with the reverse course - running from Rome to his home, London. On this first venture, Dan raised over £15,000 for the Campaign Against Living Miserably, and his efforts received national and international recognition.

Five years on and the adventure has evolved, with one key message at the core: the power of putting ourselves first. It's this message that Dan championed throughout his Home to Rome 1,150 mile challenge. In support of Home to Rome, Swift Group teamed up with Dan as his official Motorhome Partner, providing comfort on the road with a Voyager 584 for him and his family to use for the duration of the trip.

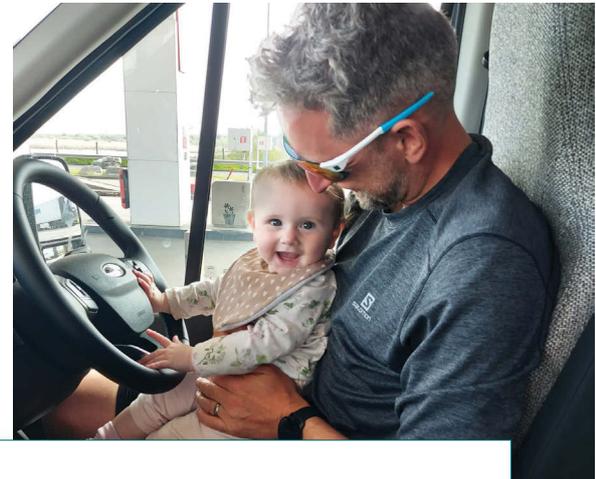


Dan kicked off his challenge from the London Eye, where he invited other runners to join him on the first day of this remarkable journey. Having averaged 35 miles per day over 35 days, Dan is the first and fastest person to have ever reached the Colosseum in Rome on foot.

With the desire to support more, the portion of the trip that saw Dan cross the Alps, was dedicated to another charity close to Dan's heart, Snow Camp. Snow Camp utilise snow sports to bring about positive social change for young people through their life-changing snow sports programme. Originally aiming to raise a minimum of £2,000 for Snow Camp, Dan achieved his target of just over £2,100 for the charity.

Dan said "Through the challenges we've all faced over recent years, there's never been a more important time to connect to each other and ourselves, and to focus on our own sense of autonomy, well-being and passion for the things which light up our souls.

"The power of putting ourselves first means paying attention to the warning signs, shutting out the noise and truly listening to what's going on inside; finding the courage and confidence to do what you need to do to get back to the place you need to be and to live the life you truly want to lead.



"I'm so incredibly grateful to Swift and all our other amazing partners for their support. Swift has been the perfect partner for this, we are 100% aligned on our shared values; their generosity of spirit has been brilliant to experience. It's been such a natural link up – Swift has been on this journey right there with us.

"The Voyager 584 we lived in during the trip was the perfect vehicle for me and my family. With myself, my wife, Georgie and our two kids, Sophia, who's six months old, and Max who's four, using the motorhome, space and storage was essential. With the Swift Voyager, we had just that, and it offered us the flexibility we needed to be able to live comfortably out on the road – something which has been so important after a hard day running."

To find out more information about Home to Rome and Dan's journey visit [www.hometorome.run](http://www.hometorome.run)

To learn more about the Campaign Against Living Miserably, visit [www.thecalmzone.net](http://www.thecalmzone.net)

To find out more information about Snow Camp, visit [www.snow-camp.org.uk](http://www.snow-camp.org.uk)



# Working from your Swift

Work from home?  
Work from anywhere with Swift

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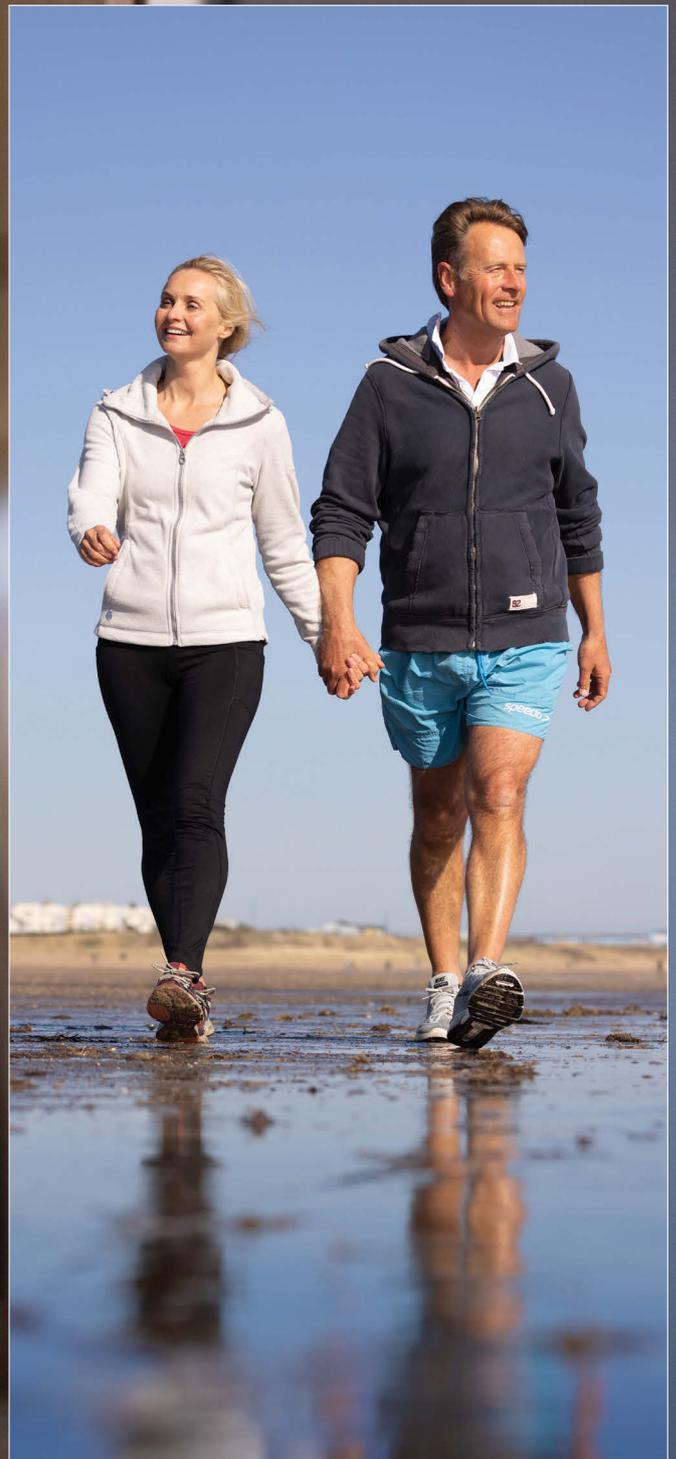
Over the last couple of years, countless Brits across the nation have adopted a hybrid working approach, as companies introduced changes to allow for more flexibility. While many of us took this opportunity to cancel the commute and spend more time at home, this shift also opened up the door for alternate remote working solutions.

This new-found ability to work from anywhere is creating new work-life trends; 'workations' see us working while on holiday, 'bleisure' trips are on the rise as we blend business and leisure, and you might even know a 'digital nomad' who's making the most of this new working mentality and ticking tasks off their 'to do list' and destinations off their 'to see list' at the same time.

Working from home is not always ideal for everyone – perhaps you don't have a dedicated office and working from the dining room table is bad for your back, you might have others working in your home too making for a busy atmosphere, or maybe you have to contend with noisy kids arriving home at the end of the school day. Creating makeshift areas around the house isn't always sustainable in the long term; instead, an increasing number of people are combining this new work-life balance with the freedom and flexibility of being able to work from anywhere with a touring caravan, campervan, motorhome, or holiday home.

This combination of a familiar environment to work from, along with the option of a change of scenery and more time to be outdoors with your loved ones, has seen many people buying or renting campervans, motorhomes, touring caravans, and holiday homes for the first time.

With Swift, you have everything you need to do a proper day's work from whatever location you desire; whether it's a beautiful beach in Brighton, the glorious Scottish Highlands, or any number of fabulous destinations across the UK and Europe. And with Wi-Fi, a washroom, cooking facilities and heating available, your new office can offer all the comforts of home, wherever your next destination might be.



# Swift Duvalay

Swift's top quality mattress supplier suggests four ways to sleep well.

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Whether you're planning on returning to your favourite campsite or trekking out into the wilds, getting a good night's sleep is sure to be high on your priority list. Take control of your comfort levels with a sleep solution from Duvalay that's tailor-made for you - from award-winning sleeping bags to shaped bespoke mattresses.



## Duvalay Luxury Sleeping Bag: The All-In-One Solution

Caravan or motorhome, your Duvalay Sleeping Bag makes anywhere you care to rest your head an instant and luxurious sleep space. Simply undo the buckled straps, roll it out and climb inside for award-winning levels of comfort. The bottom pocket holds the mattress topper, while the top pocket holds the duvet. Easy to roll up, it's a doddle to transport - whether you're going door-to-door or out into the wilds. Offering maximum comfort for minimum storage, this is the sleep solution for you if you're short on space, want a product you can machine wash at 40 degrees, and need an integral duvet.



## Duvalay Portable Mattress Topper: The Comfort Controller

Completely change the way you sleep on the move with a Portable Mattress Topper from Duvalay. Designed to be easily rolled and stored away, this product turns wherever you're sleeping into a beautiful, cushioning and supportive surface that's conducive to a great night's sleep. Available in two depths and different widths, Duvalay's Portable Mattress Toppers come with a luxurious, zipped, washable protector to aid temperature control (due to its breathability). Ideal for use in a leisure vehicle, or when you're travelling away from home, this is the mattress topper is your solution for enhanced sleeping comfort.



## Duvalay Shaped Bespoke Bed Topper: The Icing On The Cake

Whatever the size or shape, Duvalay make a standard or bespoke Bed Topper to dramatically reduce aches and pains, and relieve nagging pressure points. Available for single, double, king and super-king beds, each Bed Topper comes with a luxury stretchy cover, which can be unzipped and machine washed at 40 degrees. You tell us the make, model and year your leisure vehicle was manufactured, and sit back while we do the rest. This is the ideal solution if you're looking for 'home from home' luxury, with a bespoke twist.



## Duvalay Shaped Bespoke Mattresses: The 'Best Of The Best'

Tailored exactly to suit your personal requirements, a Duvalay Shaped Bespoke Mattress is the last word in luxury and will deliver a range of benefits that are particularly suited to leisure vehicle users. Relieving painful pressure points that cause interrupted sleep, the D-Lite Alto Mattresses are 35 percent lighter than regular mattresses, contributing to significant weight savings and increased fuel economy for caravan, motorhome and campervan users. Resistant to dust mites, the mattresses in the range are packed with 100 percent recycled fibre.

Choose the D-Lite Alto if you prefer a firmer, more supportive feel, or - for a more natural feel and finish - opt for the premium D-Luxe, with cashmere, wool, silk and cotton. Duvalay has a mattress option to suit different firmness and comfort requirements - ensuring you get the very best night's sleep in your home away from home.



All Swift holiday homes and lodges have Duvalay mattresses fitted as standard. All fixed beds in tourers and motorhomes also come with Duvalay mattresses. For more information or to purchase any of the other products mentioned in this article, visit [www.duvalay.co.uk](http://www.duvalay.co.uk).

# Three reasons to try our holiday home insurance



**Reassuringly good cover**  
Backed by a leading UK insurer



**Excellent service**  
Rated 5 stars by our customers



**Highly rated claims service**  
Customers rate their overall claims experience 9/10

4.8/5 TrustScore based on 1,498 Trustpilot customer reviews (correct as of May 2023). Leisuredays customers rate their overall claims experience 9/10 (average 8.87), based on 303 satisfaction surveys sent by static caravan, holiday home and park home policyholders in 2021 and 2022.

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